

#### YOUR PARTNER IN CARE

Introduction to HCC Coding (Oncology)



## Types of Coding

#### Evaluation and management (E&M) coding \*

- E/M services represent a category of Current Procedural Terminology (CPT) codes used for billing purposes.
- Most patient visits require an E/M code, and these are used to determine provider reimbursement.
- There are different levels of E/M codes (99213, 99204, etc.) which are determined by the complexity (or length of time) of a patient visit and documentation requirements.
- CPT codes are also used to bill for procedures.

#### HCC "complexity" coding



# What is HCC coding?





 Hierarchical condition category (HCC) coding is a risk-adjustment model originally designed to estimate future health care costs for patients.





#### Hierarchical condition category (HCC) coding

- HCC coding is based on patient complexity.
- Along with demographic factors (such as age and gender), insurance companies use HCC coding to assign patients a risk adjustment factor (RAF) score.
- HCC codes represent costly chronic health conditions, as well as some severe acute conditions.
- Of the approximately 70,000 ICD-10 codes, about 9,500 map to HCC categories.\*



<sup>\*</sup>Adapted from https://www.asahq.org/quality-and-practice-management/managing-your-practice/timely-topics-in-payment-and-practice-management/an-introduction-to-hierarchical-condition-categories-hcc

## Why is HCC coding important?





- In recent years, there has been a shift away from a "fee-for-service" model (where providers are paid for each service that they perform) to a "value-based" model (where healthcare teams are paid based on patient health outcomes).
- Therefore, it is crucial that the providers' documentation accurately reflects the true illness burden of their patients (as this directly impacts reimbursement).





## How do HCCs impact reimbursement?





- \* HCCs directly impact the amount of money received by healthcare organizations participating in "value-based" contracts.
- \* Patients with high HCCs are expected to require intensive medical treatment, and clinicians that enroll these high-risk patients are reimbursed at higher rates than those with enrollees who have low HCCs.
- \* Organizations who do not document HCC codes properly or to the highest specificity will not receive the additional reimbursement amount for applicable patients.
- \* The ability to document with greater precision can dramatically impact payment amounts.



#### **Economic Formula**

Total Members
Demographics
ICD-10 Codes

Readmissions
SNF LOS
Network Integrity

Unnecessary testing/care

**ER Visits** 

Surplus/Deficit = (Budget – Expenses) + Quality



BP Control
DM Control
Cancer screening
Immunizations
Patient Satisfaction



## When should I include these HCC diagnoses?





Remember to include the appropriate HCC diagnosis codes whenever you are:

- A. Managing the specific problem during the visit
  - evaluating, ordering tests, prescribing medications, sending a referral, etc.
- B. Assessing the stability of the problem at the visit (even if it is being managed by an outside specialist)

-OR-

- C. The problem directly impacts your medical decision making
  - You want to prescribe steroids, but the patient is diabetic.
  - You want a contrast imaging study, but the patient has CKD.



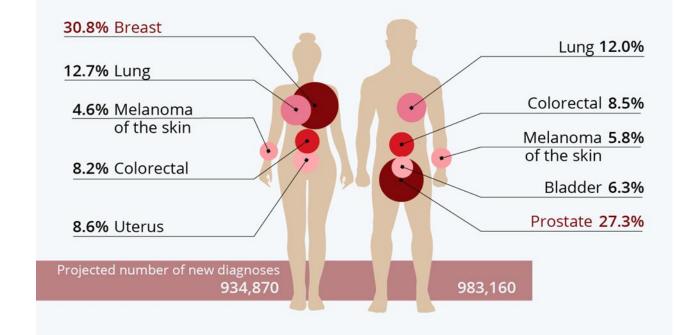
# Risk Adjustment and HCC Coding





# The Most Common Types of Cancer in the U.S.

Projected share of new cancer diagnoses in the U.S. in 2022, by gender



Source: American Cancer Society











## HCC Coding for a Cancer Diagnosis

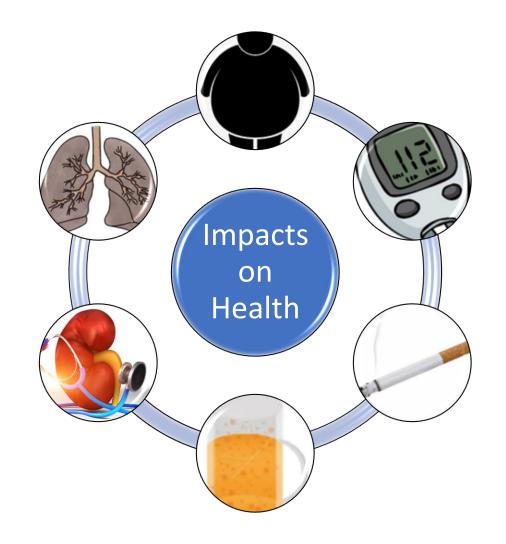
#### Two important points to remember:

- Unless the patient is receiving active treatment (hormone therapy such as Tamoxifen or Leuprolide, Aromatase inhibitors such as Letrozole, and targeted therapy combinations such as Palbocicib, counts); you must code for a "history of" cancer.
- If there is evidence of metastatic disease, please include the site of the metastases (i.e., history of breast cancer [Z85.3] and secondary malignant neoplasm to the lung [C78.00]).



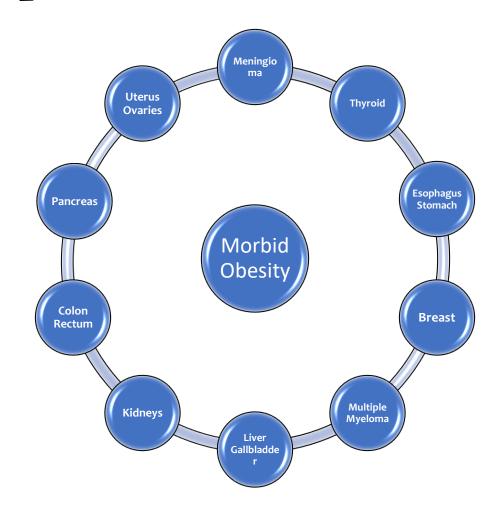


While it's true that most cancer diagnoses already have risk adjustment value, consider the impact that the following HCC associated comorbidities have on the presenting problem or your medical decision making.



#### Morbid Obesity [E66.01]

- The US obesity prevalence was 41.9% in 2017.\*
- Morbid obesity is defined as a BMI of 40+, or a BMI of 35-40 with any comorbid condition impacted by weight (HTN, DM, hyperlipidemia, OSA, etc.)
- Obesity has been linked with a higher risk of getting 13 types of cancer. These cancers make up 40% of all cancers diagnosed in the United States each year.^



<sup>\*</sup>https://www.cdc.gov/obesity/data/adult.html

<sup>^</sup>https://www.cdc.gov/cancer/obesity/index

Diabetes (Type 1 & Type 2)

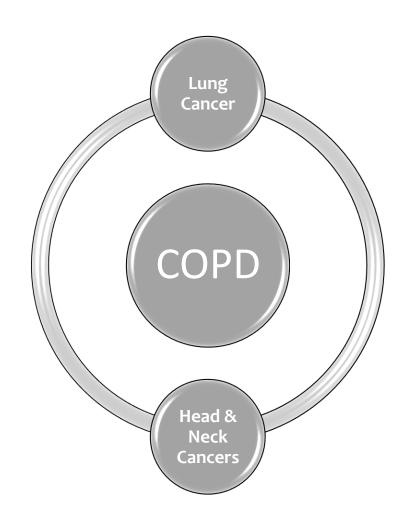
- In the U.S., 37.3 million people have diabetes (11.3% of the population).\*
- Diabetes (especially type II diabetes)
  has been associated with an
  increased risk for cancer especially
  liver, pancreatic, colorectal,
  endometrial, breast and bladder
  cancer.^
- The presence of diabetes may also have an impact on your medical decision making when it comes to prescribing medications.

Liver Cancer Bladder **Pancreatic** Cancer Cancer Diabetes **Breast** Colorectal Cancer Cancer **Endometrial** Cancer

<sup>\*</sup>https://www.cdc.gov/diabetes/data/statistics-report/index.html

## COPD [J44.9]

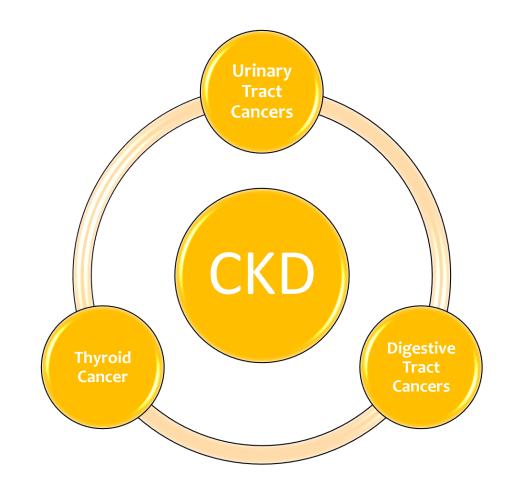
- Almost 15.7 million Americans (6.4%) reported that they have been diagnosed with COPD.\*
- COPD has been associated with an increased risk for lung and certain types of head & neck cancers.



<sup>\*</sup>https://www.cdc.gov/copd/basics-about.html

## Chronic Kidney Disease [N18.9]

- Almost 37 million US adults (15%) are estimated to have CKD.\*
  - > CKD 3 => GFR <60
  - > CKD 4 => GFR <30
  - > CKD 5 => GFR <15
- CKD has been associated with an increased risk of urinary tract, digestive tract and thyroid cancers.^
- The presence of CKD may also have an impact on your medical decision making when it comes to prescribing medications.



<sup>\*</sup>https://www.cdc.gov > kidneydisease > ckd-national-facts

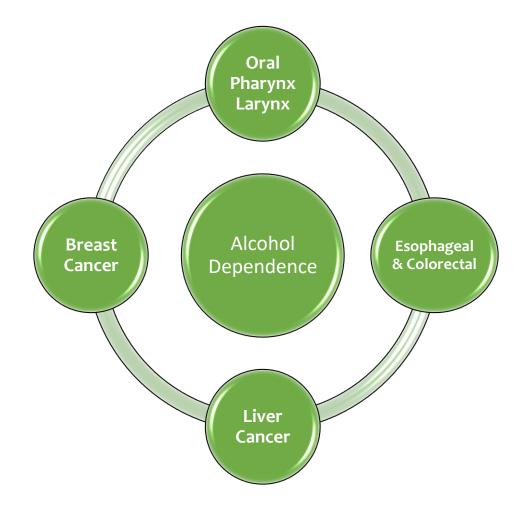
#### Tobacco Use [Z72.0]#

- In 2020, an estimated 30.8 million U.S. adults currently smoked cigarettes.\*
- Nearly 5.7 million adults reported current use of smokeless tobacco products.\*
- Tobacco use has been associated with an increased risk for cancer of the mouth and throat, esophagus, stomach, colon, rectum, liver, pancreas, voicebox (larynx), trachea, bronchus, kidney and renal pelvis, urinary bladder, and cervix, and causes acute myeloid leukemia.



#### Alcohol Dependence [F10.20]

- In 2019, 25.8 percent of people ages 18 and older reported that they engaged in binge drinking in the past month, and 6.3 percent reported that they engaged in heavy alcohol use in the past month.\*
- Excessive alcohol use use has been associated with an increased risk for oral cancer, pharynx and larynx cancers, colorectal and esophageal cancers, as well as liver and breast cancers.^
- The presence of alcohol dependence may also have an impact on your medical decision making when it comes to prescribing medications.



<sup>\*</sup>https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/alcohol-facts-and-statistics

#### A note on Hypercoagulable States

Some patients with **primary** (generally inherited) and **secondary** (generally acquired) thrombophilias may also be treated with anticoagulants.



# Primary hypercoagulable states include:

- antithrombin III deficiency
- protein C and S deficiencies
- abnormalities of the fibrinolytic system
- dysfibrinogenemias

## Secondary hypercoagulable states include:

- Malignancy
- Pregnancy
- Oral contraceptives
- Atrial Fibrillation
- Prolonged immobilization
- Myeloproliferative disorder
- Trauma
- Vascular anomaly
- Vascular device (stents, catheters, prosthetic valves)



The ICD-10-CM Code for Other thrombophilia **D68.69** has HCC value and may be used to specify conditions or terms like acquired thrombophilia, thrombophilia associated with pregnancy, thrombophilia due to acquired protein c deficiency, thrombophilia due to antineoplastic agent therapy, thrombophilia due to drug therapy, thrombophilia due to hormone therapy, etc.





Make sure to code for both the diagnosis AND the Other Thrombophilia code.

#### For example:

- Hodgkin Lymphoma [C81]
- Other thrombophilia [D68.69]





Additionally, in your documentation, you should explain the rationale for the secondary hypercoagulable state:

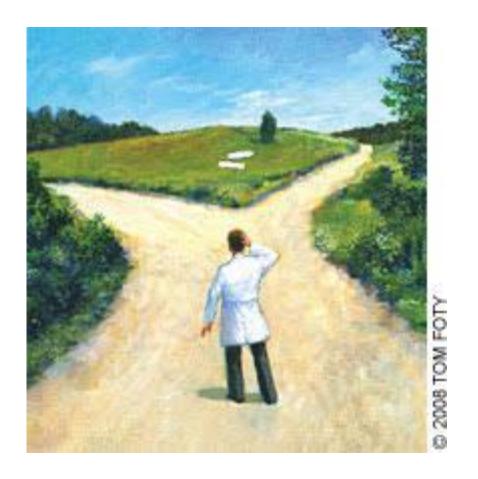
"Patient requiring coumadin for secondary hypercoagulable state. Continue to monitor coumadin levels to ensure patient in therapeutic range. Stable."





## Influence on Medical Decision Making

In addition to the impact that these comorbid medical conditions have on the underlying diagnosis, they may also influence your medical decision making when it comes to the available treatment options.



#### Example

• A 66-year-old female ex-smoker with poorly controlled type 2 diabetes presents for evaluation of abdominal pain, jaundice and a pancreatic mass seen on recent imaging studies. Her BMI is 38.2 After further evaluation, she is diagnosed with pancreatic cancer, and you feel that her poorly controlled diabetes and morbid obesity contributed to her cancer diagnosis.

Scenario 1	Scenario 2
Pancreatic Cancer (C25.9)	Pancreatic Cancer (C25.9)
	Type 2 Diabetes with unspecified complications (E11.8)
Obesity, unspecified (E66.0)	Morbid obesity (E66.01)

Approx Budget = \$12,900/year	Approx Budget	\$18,200/yea	
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#### Example

• A 78-year-old male presents for follow-up to review his recent imaging study. He has a history of prostate cancer several years ago and was recently seen in the ER for back pain. X-rays revealed possible metastatic lesions to the spine. He was sent for a PET scan which confirmed this diagnosis.

Scenario 1	Scenario 2
Personal history of prostate cancer [Z85.46]	Personal history of prostate cancer [Z85.46]
Low back pain [M54.50]	Secondary malignant neoplasm of bone [C79.51]

Approx Budget = \$4,500/year	Approx Budget	\$30,000/year	)



#### Example

• A 72-year-old male smoker is seeing you in the office for evaluation of a palpable mass on the left side of his neck that was noticed by his PCP during a recent physical. The patient has a history of SCC of the nasal cavity which was treated surgically. He also has a history of regular daily alcohol consumption. After further evaluation of the neck mass, it appears to be metastatic disease from his previous cancer. You feel that his smoking and alcohol consumption have played a role in this new cancer diagnosis.

Scenario 1	Scenario 2
History of Nasal Cancer (Z85.22)	History of Nasal Cancer (Z85.22)
Neck Mass (R22.1)	Secondary Malignant neoplasm of the Neck (C77.0)
	Alcohol dependence (F10.20)
Tobacco Use (Z72.0)	Tobacco Use (Z72.0)

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#### Rules of Thumb

- Code more specifically when possible
- Code for everything addressed and documented
  - Include diseases that impacted decision making
    - CKD impacting medication choices
    - DM impacting whether to prescribe steroids
- Code chronic conditions yearly\*

\*Although chronic conditions are ongoing, providers must document a patient's chronic condition and recapture the ICD-10 code annually to maintain the patient's HCC risk score. This includes amputations and ostomies.

